

Becoming A STAR Youth Growth Camp



“**Becoming A STAR Youth Growth Camp**” is jointly organised by ESSENTIA and Sai Yeun, inspires young leaders through a transformative journey of personal development, teamwork, and outdoor challenges. Campers will engage in activities to enhance self-awareness, leadership skills, and essential abilities such as communication and problem-solving. Guided reflection and feedback help them connect their experiences to personal growth and practical application, ultimately fostering confident and empowered young leaders.

-  Engaging & interactive learning experience
-  Learn like a leader with professional facilitation and guidance

 Widen perspective from individual to team to a community level

 Develop leadership and responsibility through real-world learning.


AGE 8-12


Jul 24 - 26, 2024


\$4500/person


\$3,400/person
Early Bird by Jun 15, 2024



REGISTER NOW



Click Entry Ticket

Program Architect
Vivien Hui
Founder & MD
of ESSENTIA

Vivien has more than a decade of experience coaching and facilitating top executives from leading companies & organizations, Vivien has expanded her expertise in engaging learners and fostering essential competencies to the youth sector. At the helm of the STAR Youth Growth Camp, her vision is grounded in the belief that everyone has the potential to become a leader, and this potential can be unleashed effectively through experiential learning.

Vivien holds a BBA degree from HKU and completed EMBA with distinction from the University of Hull.



About Sai Yuen

Located in Cheung Chau, Hong Kong, Sai Yuen covers nearly 500,000 square feet. It is one of the few licensed guesthouses (holiday camps) in Hong Kong approved by the Home Affairs Department, with 24-hour security guards stationed for safety and comfort. It offers a secure and vibrant natural setting for your children to experience adventure-based learning this summer!



STAR Youth Growth Model



Self-Discovery

The STAR Youth Growth Camp an enriching self-discovery journey to uncover the young campers' strengths, passions, and potential. Discover their unique talents, values, and aspirations while forming meaningful connections with peers.

Self-Discovery Survey & LEGO® Serious Play® Exploration Exercise



Team Power

Learn and experience the power of teamwork by engaging in collaborative challenges, communication exercises, and group activities. Learn to trust, support, and lead the peers while working towards common goals.

Team Games & Team Development Concept



Adventure-based Learning

An adventure-based and action-packed program where excitement and education go hand in hand. Campers will dive into exciting challenges, activities, and adventures that ignite their passion for learning. It will push their limits and conquer new heights.

Adventure-based Challenges & Team Sharing



Reflection & Growth

Personal growth and transformation experience through a dynamic program which campers can discover their inner strength and resilience. Embrace the opportunities to push boundaries, overcome obstacles, and emerge as confident, empowered "young adults".

Individual Presentation, Facilitator & Peer Feedback

The Learning Flow

Schedule	DAY 1	DAY 2	DAY 3
Activation	Pick-up	Morning Energizer	Morning Energizer
AM Session	T Welcome & Introduction T Team Connection Break	T Mini Lecture – Business in The Real-World (activity-based) Break	T Little Big Boss Challenge Part 1. PLANNING Break
	S Self-Discovery Session Lunch	T Team Power Lab (Collaborate) Lunch	A Little Big Boss Challenge Part 2. EXECUTION Lunch
PM Session	S Learn by Play Exploration Fun (using LEGO® Serious Play®) Break	T Team Power Lab (Courage) Break	R Little Big Boss Challenge Part 3. CELEBRATION Break
	A We are the Champion (adventure-based) Dinner	A One Team One Goal Mission – Clash the Tribe (adventure-based) Dinner	S Learning Review & Reflection R Team Sharing & Feedback Send-off & End of Camp
Evening Session	R Creative Workshop	R Bonfire Party	

S Self-Discovery
 T Team Power
 A Adventure-based Learning
 R Reflection & Growth

Other Details



Air-conditioned South African camps (arranged by gender)



(Tentative) Central Pier 5
 Gathering: 8:20AM
 Dissolution: 5:30PM



Octopus, small amount of cash, water bottle, sports attire for changing, covered toe ankle shoes & slippers

Terms & Conditions

- This event is a training session, participants must follow the instructor's instructions and the campsite rules.
- The activities will be conducted in Cantonese, Mandarin, and English depending on the participants' needs.
- Once registration is confirmed, there will be no refunds for withdrawals or absences from the event. In special circumstances, the park reserves the right to make the final decision.
- If participant needs to take sick leave, please call Sai Yuen office at (852) 62895808 as soon as possible.
- Sai Yuen will arrange refunds or reschedule for sick leave with a doctor's certificate, refunding a portion of the activity fee based on the number of affected days.
- When Typhoon Signal No. 1 or Yellow Rainstorm Warning is in effect, all activities will proceed as scheduled. In unstable weather conditions, outdoor activities will be moved indoors.
- When the Hong Kong Observatory issues Red or Black Rainstorm Warning, a Typhoon Signal No. 3 or above, or forecasts a Typhoon Signal No. 3 or above, all activities will be canceled.
- If the above adverse weather conditions occur during the course, Sai Yuen staff will inform parents of the arrangements.
- The schedule is for reference only. In the event of weather changes, the Sai Yuen will adjust activities to ensure the safety and experience of participants and instructors.
- Participants must follow the instructor's instructions, camp rules, and campsite regulations. Any violations or misconduct may result in termination of participation by the instructor to ensure the experience of other participants.
- Participants are advised to take personal mosquito prevention measures as the campsite is located in a natural environment conducive to insect growth.
- Activities, content, and timing of exploring the campsite may be subject to changes based on site conditions without prior notice.
- If participant has special dietary needs, food allergies, or any other special requirements, please notify staff as soon as possible for arrangements by Sai Yuen.
- Sai Yuen and ESSENTIA reserve the final decision on the above terms and conditions.